Haven Road, Exeter

Overheating Analysis

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RECORD OF REVISIONS.										
Date.	Revision.	Description of change.								
14/06/2022	1	Issued for Comments.								
17/06/2022	2	Updated Results.								
13/07/2022	3	Final Version.								

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1 INTRODUCTION

Cudd Bentley Consulting has produced the following dynamic thermal model in order to review the buildings overheating and cooling performance for the safety and comfort of its residents, with respect to CIBSE TM59. A sample of proposed residential units representing a typical floor are assessed. The study has been undertaken in accordance with Exeter Core Strategy (Adopted February 2012), Approved Document O (2022) and has been conducted using the datasets of CIBSE TM59 in order to identify the overheating risk.

Thermal modelling has been undertaken by a Cudd Bentley CIBSE Low Carbon Energy Assessor, who is registered to carry Level 5 Energy Assessments. Level 5 energy assessments account for dynamic thermal modelling, which are preferred when a building has a more complex design and incorporating specialist building fabric design. The SBEM software used to carry out the modelling is Bentley, HEVACOMP, Version V8i, SS1 SP5 which is approved software.

The initial drawing used for the thermal model was retrieved from Piper Whitlock Architecture Ltd. The sample units that are assessed for overheating are displayed below in Figure 1.



Figure 1: Haven Road (Sample apartments)



2 DESIGN PARAMETERS

The following design parameters have been utilised to create the thermal model.

2.1 CONSTRUCTION ELEMENTS

The following U- values and construction detailed have been used within the thermal model:

•	External Wall	-	$U = 0.18 \text{ W/m}^2.\text{K};$

- Exposed Floors U = N/A
- Exposed Roofs U = N/A
- Glazing U = 1.2 W/m².K; G value= 0.36;
- Air Permeability 3 m³/hr/m²@ 50 Pa;

2.2 ROOM OCCUPANCY AND HEAT GAIN

Table 1 below outlines the occupancy and heat gain profiles utilised within the thermal model.

Number	Description	Peak lo	ad (W)												Per	iod											
of people		Sensible	Latent	00-01	01-02	02-03	03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11			13-14	14-15	15-16	16-17	17-18	18-19	19-20	20-21	21-22	22-23	23-24
															Hour-e	ending											
				1.00	2.00	3.00	4.00	5.00	6.00	7.00	8.00	9.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00	23.00	24.00
1	Single bedroom occupancy	75	55	0.7	0.7	0.7	0.7	0.7	0.7	0.7	0.7	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	0.7
2	Double bedroom occupancy	150	110	0.7	0.7	0.7	0.7	0.7	0.7	0.7	0.7	1	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	1	0.7
2	Studio occupancy	150	110	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
1	1-bed: living/kitchen occupancy	75	55	0	0	0	0	0	0	0	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	0	0
1	1-bed: living occupancy	75	55	0	0	0	0	0	0	0	0	0	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0	0
1	1-bed: kitchen occupancy	75	55	0	0	0	0	0	0	0	0	0	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0	0
2	2-bed: living/kitchen occupancy	150	110	0	0	0	0	0	0	0	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	0	0
2	2-bed: living occupancy	150	110	0	0	0	0	0	0	0	0	0	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0	0
2	2-bed: kitchen occupancy	150	110	0	0	0	0	0	0	0	0	0	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0	0
3	3-bed: living/kitchen occupancy	225	165	0	0	0	0	0	0	0	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	0	0
3	3-bed: living occupancy	225	165	0	0	0	0	0	0	0	0	0	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0.75	0	0
3	3-bed: kitchen occupancy	225	165	0	0	0	0	0	0	0	0	0	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0	0
																											_
	Single bedroom equipment	80		0.13	0.13	0.13	0.13	0.13	0.13	0.13	0.13	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	0.13
	Double bedroom equipment	80		0.13	0.13	0.13	0.13	0.13	0.13	0.13	0.13	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	0.13
	Studio equipment	450		0.19	0.19	0.19	0.19	0.19	0.19	0.19	0.19	0.19	0.24	0.24	0.24	0.24	0.24	0.24	0.24	0.24	0.24	1	1	0.44	0.44	0.24	0.24
	Living/kitchen equipment	450		0.19	0.19	0.19	0.19	0.19	0.19	0.19	0.19	0.19	0.24	0.24	0.24	0.24	0.24	0.24	0.24	0.24	0.24	1	1	0.44	0.44	0.24	0.24
	Living equipment	150		0.23	0.23	0.23	0.23	0.23	0.23	0.23	0.23	0.23	0.4	0.4	0.4	0.4	0.4	0.4	0.4	0.4	0.4	1	1	1	1	0.4	0.4
	Kitchen equipment	300		0.17	0.17	0.17	0.17	0.17	0.17	0.17	0.17	0.17	0.17	0.17	0.17	0.17	0.17	0.17	0.17	0.17	0.17	1	1	0.17	0.17	0.17	0.17
	Lighting profile	2 (W	(m2)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	1	1	0

Table 1: Occupancy and Heat Gain Profiles

2.3 HEAT GAINS

The following heat gains have been implemented within the thermal model:

- People 75 Watts Sensible/ 55 Watts Latent;
- Equipment 80 Watts (Bedrooms) 450 Watts (Studio).
- Lighting $-2W/m^2$

2.4 WINDOWS

The windows are modelled with the following glazing properties:

- Glazing 'U' Value $-1.2 \text{ W/m}^2\text{K}$;
- Light Transmittance 0.60;
- G Value 0.36;
- Shading Co-efficient 0.41;
- Glazing to Frame Ratio 0.85.



<u>Daylight</u>

High levels of natural daylight will be provided, wherever possible, through effective window design. The glazing specification for the new development will be optimised to ensure that the glazed elements provide excellent thermal performance combined with optimum solar reflectance to minimise summer solar heat gains along with high daylight transmittance factors to maximise daylight factors. Encouraging the correct quality and quantity of daylight to penetrate the building is key to reducing the amount of light required from artificial sources and hence energy requirements.

2.5 VENTILATION RATES

Room	Mechanical Ventilation Rate	Opening Windows				
Lounges	MVHR to allow background	Openable windows				
	ventilation with summer boost					
	mode					
Bedrooms	MVHR to allow background	Openable windows				
	ventilation with summer boost					
	mode					
Studios	MVHR to allow background	Openable windows				
	ventilation with summer boost					
	mode					

2.6 WEATHER DATA

The CIBSE Design Summer Year Plymouth 2020s, high emissions, 50 percentile scenario, DSY 1, has been imported within the calculations to represent a typical year for the Plymouth geographical location of the development.



Figure 2: CIBSE Design Summer Year Plymouth – DSY1



3 OVERHEATING REQUIREMENTS

CIBSE TM59 requirements

Compliance with CIBSE TM59 for residential space that are predominantly mechanically ventilated is based on the following criteria:

• All occupied rooms should not exceed an operative temperature of 26°C for more than 3% of the annual occupied annual hour.

Compliance with CIBSE TM59 for residential space that are predominantly naturally ventilated is based on the following criteria:

- For living rooms, kitchens and bedrooms: the number of hours during which the change in temperature is greater than or equal to one degree (K) during period May to September inclusive shall not be more than 3% of occupied hours.
- For bedrooms only: to guarantee thermal comfort during sleeping hours the operative temperature in the bedroom from 10pm to 7am shall not exceed 26°C for more than 1% of annual hours. (note: 1% of the annual hours between 22:00 and 07:00 for bedrooms is 32 hours, so 33 hours above 26°C will be recorded as a fail).

CIBSE TM52 requirements

TM52 states that in hot periods people's perception of heat is better coped with during long periods exposed to warmth. In order to assess this, TM52 requires an analysis of the following:

- Hours of Exceedance (He);
- Daily Weighted Exceedance (We);
- Upper Limit Temperature (Tupp).

The above analysis should then be assessed against the following criteria within TM52 which states that should any two of the three criteria fail, a building or room is classed as overheating:

- The first criterion sets a limit for the number of hours that the operative temperature can exceed the threshold comfort temperature (upper limit of the range of comfort temperature) by 1 K or more during the occupied hours of a typical non-heating season (1 May to 30 September). This is further detailed within TM52 as the *He* shall not exceed 3% of the total occupied hours.
- The second criterion deals with the severity of overheating within any one day, which can be as important as its frequency, the level of which is a function of both temperature rise and its duration. This criterion sets a daily limit for acceptability. This is further detailed within TM52 as the *We* shall be less than or equal to 6 in any one day.
- The third criterion sets an absolute maximum daily temperature for a room, beyond which the level of overheating is unacceptable. This is further detailed within TM52 as the *Tupp* shall not exceed 4K.

3.1 APPROVED DOCUMENT 0

Requirement O1 Overheating Mitigation

- Reasonable provision must be made in respect of a dwelling, institution or any other building containing one or more rooms for residential purposes, other than a room in a hotel ("residences") to
 - a) Limit unwanted solar gains in summer;
 - b) Provide an adequate means to remove heat from the indoor environment



- 2. In meeting the obligations in paragraph (1)
 - a) Account must be taken of the safety of any occupant, and their reasonable enjoyment of the residence; and
 - b) Mechanical cooling may only be used where insufficient heat is capable of being removed from the indoor environment without it.

Paragraph 2.8

Although internal blinds and curtains provide some reduction in solar gains, they should not be taken into account when considering whether requirement O1 has been met.

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4 RESULTS

This section looks at the simulation results for the naturally ventilated scenario.

4.1 NATURALLY VENTILATED WITH MVHR

The thermal model demonstrates that for DSY 1 CIBSE weather data the development's design and services strategy delivers thermal comfort levels in all occupied spaces in accordance with the requirements set out within TM52 and TM59 CIBSE Guides. This simulation was run using openable windows with MVHR at 2 air changes.

Room	Pass/Fail	% above 1% 26°C Threshold (for bedrooms)	% above 3% 26°C Threshold (Lounges/ Studios)
A1.LOU	Pass		-
A1.B1	Pass	-	
A2.LOU	Pass		-
A2.B1	Pass	-	
A3.LOU	Pass		-
A3.B1	Pass	-	
C1.LOU	Pass		-
C1.B1	Pass	-	
C1.B2	Pass	-	
C1.B3	Pass	-	
C4.LOU	Pass		-
C4.B1	Pass	-	
C4.B2	Pass	-	
C4.B3	Pass	-	
D1	Pass		-
D2	Pass		-
D3	Pass		-
D4	Pass		-
D5	Pass		-
D6	Pass		

Table 4.1: CIBSE TM59 and TM52 Results – DSY1 (Naturally ventilated with MVHR at 2 air changes)



5 CONCLUSION

From running the simulation for naturally ventilated apartments/ studios, it is evident all rooms comply with CIBSE TM59 guide if natural ventilation with MVHR is utilized. According to the acoustic testing carried out by auricl acoustic consulting, all windows can be openable during daytime. This is sufficient to make all rooms comply with TM59 without use of cooling. The simulation was run on sample apartments, but the results can be extended across the whole floor. Therefore, it can be concluded that through use of proposed ventilation strategy all rooms in all blocks will comply with TM59 criteria.

In summary, all rooms comply with TM59 CIBSE guide through use of natural ventilation and MVHR.